Certificate of attendance

Mental Health First Aider

MHFA England

Lisa Barlow

has attended an Mental Health First Aid course and is now A Mental Health First Aider. This course teaches knowledge and skills for providing first aid to support people who may be experiencing poor mental health.

Date of attendance
Start date: 01/10/2026
End date: 02/10/2026

Instructor Member
Sarah Wray

SMcIntosh

Sarah McIntosh
Chief Executive
MHFA England

MHFA England

Your Mental Health First Aid England® certificate is valid for three years from the date you completed the course. We recommend you keep your skills and knowledge up to date with MHFA Refresher training. For more details visit our website, mhfaengland.org.

MHFA England® is a social enterprise with a vision to improve the mental health of the nation. We'll achieve this through our mission to train one in ten people in mental health knowledge, awareness, and skills.

Our expert guidance and training gives people the skills to spot the signs of poor mental health, the confidence to start a conversation, and the knowledge to signpost to support.

Together, we'll create a society where everyone's mental health matters.

mhfaengland.org
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